

In This Issue:

U15 Flag Football Nationals

Punt Pass Kick

Page 2...

Football Canada Cup

Provincial Flag Tournament

Page 3...

Senior Women's Tackle Football Championship

JPD Program for 2010

Page 4...

LTAD

Online Registration

Become an Official

2010 Team Ontario Coaches

U15 National Flag Football Tournament



July 24-26th, 2009 - The National Flag Football Tournament was held at Carleton University in Ottawa, ON. Ontario sent the Provincial Champions, Hamilton Patriots, to the event. The team displayed great sportsmanship and talent throughout the event and it paid off in the gold medal game. Team Ontario won the gold for the third year in a row! Congratulations to Coach Matt Hill for all his efforts throughout the flag season preparing his players for the tournament. Both MVPs for the tournament were selected from Team Ontario, Elisa Vanveen and Bryson Cianfrone.

To participate in the NFL Flag Football Program please contact us
flag@ontariofootballalliance.ca

PUNT PASS KICK

The Ontario Football Alliance is looking for clubs interested in hosting a Punt, Pass, & Kick Competition in August, September and October. OFA will provide 2 volunteers to run the event at your location. The top 3 competitors in each division (8-13 years old) will represent your club at the Provincial Competition on November 21st, 2009.

For more details or to book this event contact us at admin@ontariofootballalliance.ca

Be Apart of the Action! Sign up for our Newsletter for the latest news in football across Ontario!! Visit our website to sign up
www.ontariofootballalliance.ca

PROUD PARTNERS WITH





U17 East Gold Medalists



Congratulations to the U17 Team East Ontario for winning the GOLD MEDAL at the Football Canada Cup in Saskatchewan from July 4-11, 2009.

Ontario sent three teams to represent the province, Under 19, Under 17 West and Under 17 East. We would like to thank all of our volunteer coaches for the teams who dedicated their time and efforts to establish strong teams from Ontario.

Check out all the scores and stats at www.footballcanadacup.ca

Provincial Champions Hamilton Patriots

On Saturday June 27th, 2009, the Ontario Football Alliance hosted our 3rd Annual Flag Football Provincial Tournament. This year we hosted both the U15 NFL Flag Division and also the U13 Flag Division. Congratulations to the U15 Division Winners the Hamilton Patriots who took the gold medal game over the Hamilton Steelers 53-7. The Patriots are now on their way to the National Championship in Ottawa, Ontario from July 24-26. OFA wishes them the best of luck as they represent Ontario at the Nationals. Our congratulations also go to the silver medal winners Hamilton Steelers and the bronze medal winners Guelph Cowboys.

The Hamilton Steelers won Gold in the U13 division against the Guelph Grizzlies 28-0. We like the Thank all the teams who participated in this event and all the volunteers and parents for their support during the day.



PROUD PARTNERS WITH



2010 IFAF WORLD SENIOR WOMEN'S FOOTBALL CHAMPIONSHIP

LARRY HARLOW NAMED HEAD COACH FOR TEAM CANADA AT THE INAUGURAL IFAF WORLD SENIOR WOMEN'S FOOTBALL CHAMPIONSHIP

Ottawa, 23 July, 2009 – Football Canada is pleased to announce Larry Harlow as the Head Coach of the National Senior Tackle Women's team to represent Canada at the 2010 IFAF World Senior Women's Football Championship.

History will be made in the Swedish capital Stockholm when the first-ever IFAF Women's World Championship of American Football is held in either late June or early July of 2010. The exact dates and number of participating teams are to be determined.

During the recent 12th annual IFAF Congress held in Canton, Ohio during the World Junior Championship, several countries expressed an interest in entering the inaugural competition. Women's tackle football is currently played in Austria, Brazil, Canada, Colombia, Germany, Finland, Japan, Sweden, Venezuela and the United States and several nations also boast female flag football participation.

In October 2008, Finland hosted Sweden in the first-ever international game played between two Women's tackle teams. Larry Harlow has a very long resume in coaching. While coaching for a total of 33 years, he has been involved in football for 29 years. He has coached in 13 championships, including 8 football championships. This year coach Harlow was the runner up for the 2009 Coaching Association of Canada TSN/Chunky Most Valuable Coach in Canada. During his 17 years experience coaching women in sports, he has brought passion to the lives of countless athletes. Larry is one of the founders of the New Brunswick Women's Football League, the New Brunswick Jr. Girls Football League and the Maritime Women's Football League. He is currently the Head Coach of the Saint John Storm, a team which he has transformed from last place into undefeated Maritime Champions.

Details to follow regarding player and assistant coach selection.

2010 Junior Player Development

The JPD program has been developed to bring Football to communities who do not have a football program or lack participants in their current programs. The program typically consists of 12 practices ranging from 3 to 4 weeks in length. The target age group is for 11-14 year olds. This program is currently available for Flag and Tackle football. OFA will provide all protective equipment (exceptions mouth guards and chin straps) for the players, including practice jerseys. The organization will receive all the instructional materials needed to organize and run the program.

This program is available to all of our members who are looking to grow their membership and also to non-members for the first year who are looking to start football in their community for a minimal charge.

The OFA cost per player is \$50 which includes rental of all equipment, membership to OFA with insurance coverage, and a t-shirt and short combo for each participant. We encourage associations to charge no more than \$100 per player to participant in this program, \$75 fee would be ideal.

To book a date to run this program please contact us at admin@ontariofootballalliance.ca. Spaces are limited.

PROUD PARTNERS WITH



Long-term Athlete Development (LTAD)

The LTAD was developed as a mandate by Sport Canada for all sports across the country. The Football For Life LTAD has been developed by Football Canada and more information will be sent out to our members over the next few months. In 2010, OFA will be restructuring our programs and initiatives to promote the new Football For Life LTAD.

The 9 stages of LTAD are:

1. Active Start – 0 seasons in Football or Ages 0-6 (M & F) Flag, Touch
2. FUNDamentals – 0-4 Seasons in Football or Ages 6-9 (M) & 6-8 (F) Flag, Touch, Tackle (6vs6)
3. Learn to Train – 1-4 Seasons in Football or Ages 10-12 (M) & 9-11 (F) Flag, Tackle, Touch
4. Train to Train – 2-8 Season in Football or Ages 12-16 (M) & 11-15 (F) Flag, Tackle, Touch
5. Learn to Compete – 6-10 Seasons in Football or Ages 16-18 (M) & 15-17 (F) Flag , Tackle, Touch
6. Train to Compete – 7-10 Seasons in Football or Age 17+ Flag, Tackle, Touch
7. Learn to Win – 10+ Seasons in Football or Age 18+ Flag, Tackle, Touch
8. Train to Win – 10+ Seasons in Football or Age 21+ Flag, Tackle, Touch
9. Football for Life – Male & Female after developing fundamental football skills. Opportunity to 'giveback' to the community.

ONLINE REGISTRATION

2010 Seasons are
now available!

If you are looking to
set up your online
registration system
please let us know
and we can set you
up with a username
and password.

BECOME AN OFFICIAL!!

Want to give back to
the community?

Check out the Ontario
Football Officials
Association for details
on how you can
become an official!

www.ofoa.ca

2010 Team Ontario Coaching Positions Available

The Under 17 & Under 19 Team Ontario participate every
year in the national tournament, Football Canada Cup.

The tournament will be held from July 3 - 10, 2010 in
Wolfsville, Nova Scotia.

**Ontario Football Alliance is now accepting applications for
the Head Coaches positions.**

Applicants should have completed the NCCP level 3 and have
strong connections in the football community. If you are
interested in applying forward your coaching resume to:

Ontario Football Alliance, Attn: Tina Turner, 100 Crimea St.
Unit B11, Guelph, ON N1H 2Y6 by August 17, 2009.

PROUD PARTNERS WITH

